



# A&T

# THAI PRAWN SPRING ROLLS



## Nutrition Information

Servings per package: 12  
Serving size: 80gm (2 pieces)

	Ave. Quantity per Serving	Ave. Quantity per 100g
<b>Energy</b>	569kj (136Kcal)	712kj (170Kcal)
<b>Protein</b>	5.6g	7g
<b>Fat, total</b>	1.6g	2g
- saturated	<1g	<1g
<b>Carbohydrate</b>	24.8g	31g
- sugars	4g	5g
<b>Sodium</b>	348mg	435mg

## Features & Benefits

- ✔ Tender prawn with a mix of Thai vegetables and tofu with a traditional Thai flavour.
- ✔ A classy spring roll, perfect for an entrée or upmarket finger food.
- ✔ Cook from frozen.
- ✔ Portion control for convenience.

**Cooking:** Deep-fry from frozen at 180°C for approximately 3-4 minutes.

**Size:** 40gm

**Packed:** 5 x 24

**Code:** FF03

**INGREDIENTS: Pastry Sheet** (Wheat flour, Water, Vegetable shortening, Salt) **Filling** [Prawn meat 18 % (Salt, 451), Bean Sprouts, Cabbage, Mungbean noodle, Sugar, Soybean (Soybean, Wheat flour, Salt, Sugar, Water ), Tofu, Spring onion, Salt, Sunflower oil, Wheat flour, White pepper, Acidity regulator (330)].

**ALLERGY ADVICE:** Contains: Gluten, crustacean & soybean. May also contain traces of: fish, molluscs, egg, milk, & sulphites



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